

Common Misconceptions about the Transition Assistance Program (TAP)

Myth

VS

Fact

Myth

“TAP is optional”

“I can wait until the last minute”

“TAP is just a series of briefings”

“I can do everything myself”

“My military skills don’t translate to civilian careers”

Fact

TAP is a congressionally mandated program for all eligible service members



Start 18-24 months before separation to access more resources like Skillbridge



TAP includes workshops, counseling, & an individual transition plan (ITP)



M&FRC is here to guide & support you through the transition process



The military occupational code (MOC) crosswalk helps to translate your military skills to a civilian career

