

DS LOGON, VMET, AND VA.GOV INSTRUCTIONS

A. Establish a DS Logon username and password*

- Using a CAC enabled computer, go to: <https://idco.dmdc.osd.mil/idco/>
- Click on "My Profile" in DEERS. Enter a US phone number (required to create a DS Logon) AND your European phone number if you have one. Drop the first zero and use the country code (eg. +49 151 1234 5678). This is required for creating the two-factor authentication log-in feature. Click "Submit" at the bottom of the page
- Go to <https://milconnect.dmdc.osd.mil/milconnect/>
- Click on "New User? Start Here" tab at the top right, and then "ok" to proceed
- Select "More DS Logon Options" then "Need an account?"
- Select "I have a CAC" and follow prompts to create a password. A username will be given to you when you finish creating the password

****Write down your username and password in a safe place and bring to all TAP appointments.***

B. While logged into MilConnect, print or save a copy of your VMET**

- Click on "Correspondence and Documentation"
- Select "DoDTAP" site from the drop down menu
- Click on the VMET tab at the top of the page
- Follow the instructions to download your VMET

*****Bring to all TAP appointments.***

C. Establish a VA.gov account***

- Go to <https://www.va.gov/>
- Click "Sign In"
- Select "Sign in with DS Logon"

******This is where you will access your DD 214 and services and benefits post separation.***