SUPPORT BRIEFER PRESENTATIONS

Skillbridge Program

- ▶ Apprenticeships, on-the-job (OJT) training, employment skills training, and internships for Airmen (officers and enlisted) to prepare for transition to civilian employment
- ► ELIGIBILITY:
 - ► Airmen can start a program within 180 days of DOS
 - ► Must receive commander approval
- Permissive TDY is authorized. AFPC/DP2SST approves all PTDY requests exceeding 30 days
- ► Airmen approved for training outside the local area can request expedited orders and out-process/ship HHG prior to SKB
- ▶ Permissive TDY for separation or retirement relocation activities, terminal leave, or CSP/SKB cannot exceed a total of 180 days and may not begin more than 180 days prior to separation or retirement
- Airmen who applied for but have not completed a credential through AF COOL will be denied a SKB program leading to the same credential

QUESTIONS?

52d Medical Group

Saber Medics. Trusted, Ready!

Separation History and Physical Examination (SHPE)



DSN: 452-8110

SHPE Coordinators

SSgt Tabitha Sanderson

Tabitha.r.sanderson.mil@health.mil

TSgt Chapin-Tovey

shannon.m.chapintovey2.mil@health.mil





- Provides a separation examination that supports the Department of Veterans Affairs (VA) disability compensation program and the Department of Defense (DoD) mandatory separation history and physical exam.
 - A standardized health assessment with components that have been agreed upon by all three Military Services and the VA.
 - Allows for a medical evaluation of each Service Member prior to separation from Active-Duty service.

What's the benefit of a VA SHPE?

■ Examinations completed by the VA benefit the member by initiating the disability claims prior to separation. Exams with the VA completed within 180-90 days prior to separation, qualify for Benefits Delivery at Discharge (BDD) program.



Who requires a SHPE?

- All AD SMs who are scheduled to separate (which includes retirement) after serving on AD orders for 180 days or more.
- AD SMs who have received tentative approval for Palace Chase transition.
- Reserve Component (RC) members who are scheduled to end a period of AD service for 180 days or more of continuous duty (e.g. Active Guard Reserves (AGR), Military Personnel Appropriation (MPA) tours).
- RC members who are scheduled to end a period of AD service after
 30 days of continuous duty in support of a contingency operation (as identified on their orders).



Who requires a SHPE?(cont'd)

A SHPE is **NOT** required if:

- The member is separating or retiring after being found unfit and is referred to the Disability Evaluation System (DES).
- **NOTE:** Initial Review in Lieu of (IRILO) or referral to a Medical Evaluation Board (MEB) does not negate the SHPE requirement. MTF staff must wait until the MEB decision is established in order to determine if the SHPE is required.

WAIVER

■ The SHPE may be waived in cases that the member is not under the control of the Secretary of their Military Department or the Commandant of the United States Coast Guard (USCG), such as unauthorized absences or civilian incarceration, in accordance with (IAW) DoDI 6040.46. The Secretary of the Air Force (SECAF) is the waiver authority for AF members.



TIMELINE

- Members will adhere to the SHPE timeline, specified below, to help prevent unnecessary appointments, adjustment of terminal leave, or delay of BDD.
- The member's official date of separation cannot be changed in order to accommodate the completion of the SHPE, but terminal leave may be adjusted with approval from the SM's unit commander (CC):

Filing a VA Claim:

- Greater than 180 days prior to separation or retirement- Begin preparing for the claim process. Contact local VA representative.
- 180-90 days prior to separation or retirement- Go to https://imr.afms.mil/imr/MyIMR.aspx and complete DD Form 2807-1. Contact local VA office to begin claim process or file online at https://www.ebenefits.va.gov/ebenefits/homepage.



TIMELINE (cont'd)

Not Filing a VA Claim?

■ 180-90 days prior to separation or retirement- SHPE will be conducted at the Medical Treatment Facility. Go to https://imr.afms.mil/imr/MyIMR.aspx and complete DD Form 2807-1.

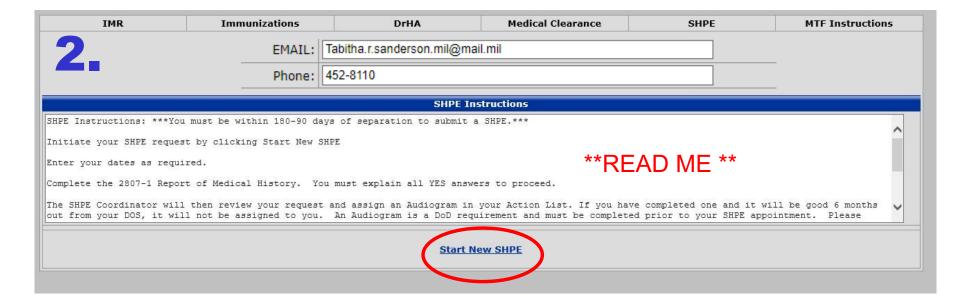
Less than 90 days prior to separation or retirement:

- Due to DoD/VA policy, SHPE will need to be completed at the MTF. Go to https://imr.afms.mil/imr/MyIMR.aspx and complete DD Form 2807-1 to initiate the SHPE process.
- A VA claim can still be processed, however any VA exams conducted will NOT be able to take the place of the SHPE and may not be completed prior to separation. VA benefits may also be delayed pending VA exams.



My IMR Guidance

200 (000)	700 700	40-30-76-2-76					
IMR	Immunizations	DrHA	Medical Cleara	nce	SHPE	MTF Inst	ruct
4		IMR /	ACTION LIST				
•		Actio	on List Help				
	,	MyIM	R User Guide				
		Overall Status: Current					
	РНА	Dental	Labs	Profile	Med Equipment	Other	
	Current	Current	Current	Ready	Current		





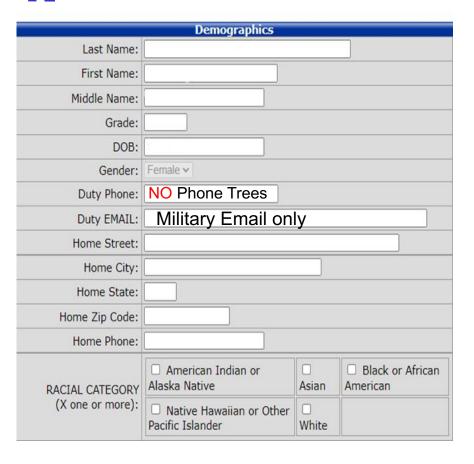
My IMR Guidance

	W.	DD2807-1 Pre-S	creening Questions			
1	Separation from AD caree	Separation from AD career				
	O Retirement from AD caree	Retirement from AD career				
Purpose of examination?	Administrative Discharge involuntary separation)		Service members separating with a general discharge, under other than Administrative discharge DOES NOT pertain to service members who ar			
	O ARC coming off Title 10 N	ARC coming off Title 10 Non-contingency Orders >=180 days				
	O ARC coming off Title 10 Contingency Orders >30 days					
You have more than 180 days remaining before	re your DOS, therefore this elect	ronic SHPE will not be accepted. Plea	se contact your local BOMC office for instructions.			
What is your Date of Separation/Retirement? (For Admin Separations or for Palace Chase use estimated date.)	(MM/DD/YYYY) 10/12/2019	← End of Enlistment c	ontract (Don't forget the forward slashes			
What is your Final Out Date?	(MM/DD/YYYY) 10/01/2019	← Possible Terminal lea	ssible Terminal leave start / Leave for Skills Bridge			
Do you plan to file a VA claim?	O Yes No		ogram / MPF Final Out NOT LEAVE DATES BLANK!			
Clicking NO above allows MH ** Does <u>NOT</u> affect your VA cl	•	Cally Back	Next			



MyIMR Guidance

4.



RATING OR SPECIALTY (Aviators Only)	
TOTAL FLYING TIME	
FLYING TIME LAST SIX MONTHS	
Service:	Air Force V
Component:	Active Duty V
Duty Title:	FLT OPERATIONAL MED TECH
USUAL OCCUPATION:	
CURRENT MEDICATIONS (Prescription and Over- the-counter):	^
ALLERGIES (Including insect bites/stings, foods, medicine or other substance):	^



Separation Memorandum

You will be required to bring in your Memorandum to Flight Medicine Clinic for signature <u>AFTER</u> your Audiogram/PCM visit.

** Memorandum is a requirement for Final Out process **

To locate this form please look into your Retirement/Separation email that was sent from MPF.



LOCAL VETERANS ADMINISTRATION (VA)

VA Contact Information:

Email: GermanyBDD.VBAPIT@va.gov

A member of the BDD Team will respond within 1 business day.

DSN: 590-8200 CIV: 06371-9464-8200

Outside Germany - 49-6371-9464-8200

Call us between 0800 and 1630, Monday through Friday [except Federal Holidays]:

**Please note that email or in person visits are the preferred method of communication.

Directions to the VA Office at Landstuhl Regional Medical Center, Germany

We are in building 3724, Rooms 110 and 112.

From anywhere - take A-6 towards SAARBRÜCKEN.

Take exit #12 onto A62 (LANDSTUHL-WEST / HAUPSTUHL / PIRMASENS)

In approximately 1/4 mile take the LANDSTUHL WEST - HAUPSTUHL exit

Follow the white "US Medical Center" sign, go right at the end of the off ramp and drive up the hill in the direction of Zweibrücken.

Follow the sign for "Gate 3". Soon after you pass the radar site on the left take a slight "left" off the priority road. Drive on to the LRMC entry gate.

After entering the base, turn right at the "T" intersection.

Follow the road around to the left, passing the AAFES Gas Station-Shoppette on the right. You will pass warehouse buildings on your right. Take the first right past the warehouse buildings and building 3724 will be on your right as you approach the hard ourve to the right.

BASE OPERATIONAL MEDICINE CLINIC (BOMC)

SHPE Contact Information:

SSgt Tabitha Sanderson

Tabitha.r.sanderson.mil@health.mil

Clinic Phone Numbers:

452-8110

Clinic Address

Red Cross Loop, Bldg 550
BOMC is located on the 2nd floor in
Flight Medicine

Clinic Hours:

Mon - Fri 0730 - 1630

*Except Family Days, Holidays and every third Wednesday for Training.

Separations and Retirements



SEPARATION HISTORY AND PHYSICAL EXAMINATION (SHPE)



Questions?

52d Fighter Wing

Mission Airmen Community

Separation & Retirement Military Pay



A1C Andres Herrera Last updated: 30 July 2021



Agenda

- Required forms
- MyPay
- **■** Finance "Final-Out" SharePoint
- **■** Terminal Leave
- **■** Permissive Leave
- Entitlements
- Debts
- **■** Travel Voucher
- Final Paycheck



Required Forms

- 52CPTS Separation/Retirement Checklist
 - Access through the SharePoint
- 52CPTS Separation/Retirement <u>Package</u>
 - You must access and complete this from the SharePoint
- Leave Forms (AF 988's)
 - Terminal / Permissive Finance will print them for you.
- Copy of Orders





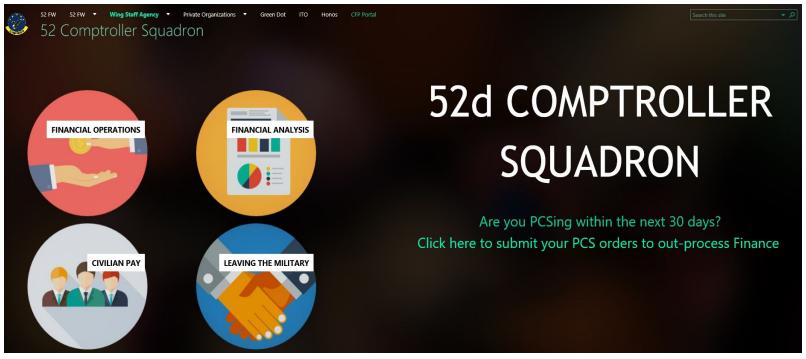
- Please create a MyPay Account before Separation/Retirement
- Steps
 - 1. Log into MyPay with CAC
 - 2. Click Personal Settings in top right screen
 - 3. Add Password and Login ID
 - 4. Log out and check if login info work

■ Use of MyPay for LES Updates when on Terminal and Retirement

If already created account please don't worry about these steps



SharePoint Instructions

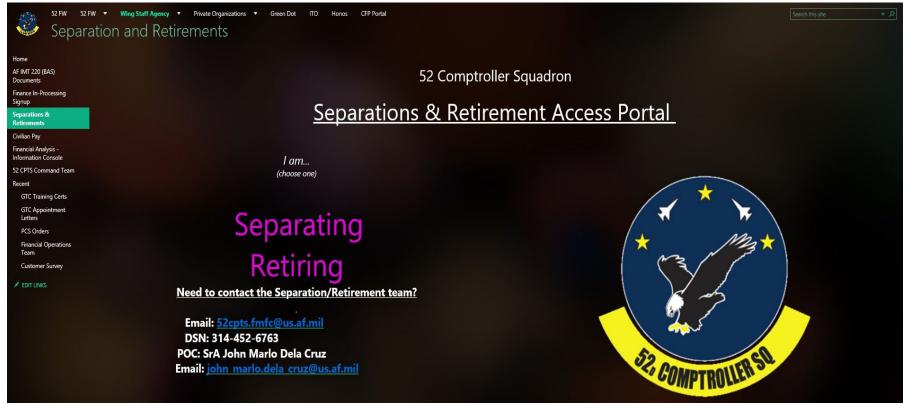


- Select "LEAVING THE MILITARY"
- Link:

https://usaf.dps.mil/sites/52fw/Finance/SitePages/Financial%20Operations.aspx



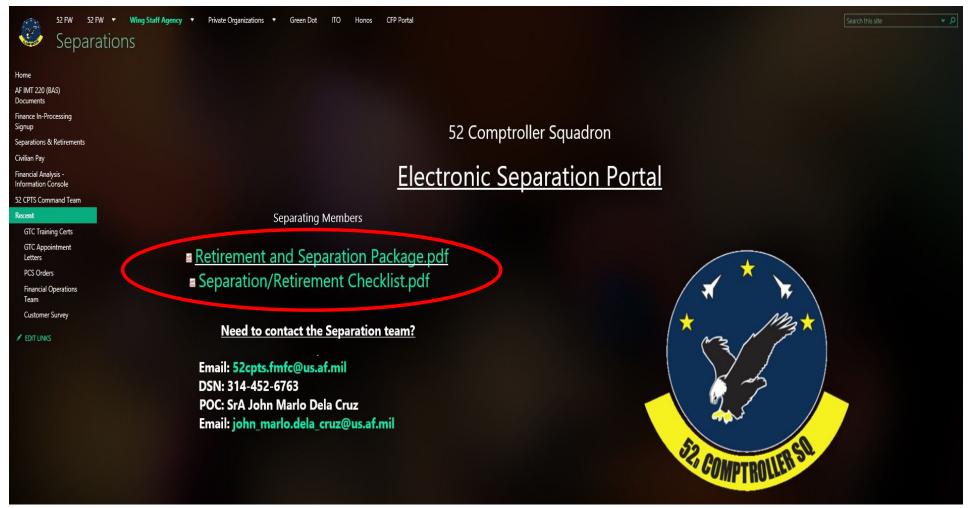
SharePoint Instructions



Select the appropriate option



SharePoint Instructions





Terminal Leave

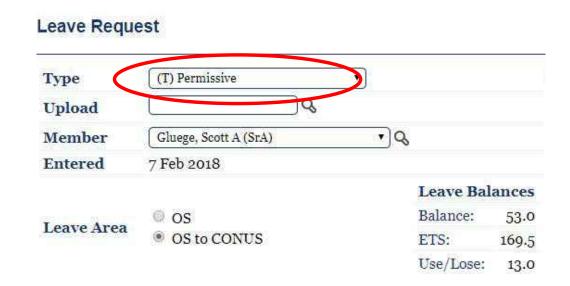
- Everyone is authorized Terminal leave
- It is charged from your leave balance
- ■Type "P" for Terminal
- Must be input to your DOS. Not the day prior or after. NOTE: If taking Permissive LV, start day for Terminal is the day after Permissive ends





Permissive Leave

- Only retirees, HYT, and medical separations are authorized to take Permissive Leave.
- Maximum of 30 days with Commander approval.
- It is not charged to your leave balance – meaning its FREE
- ■Input as type "T" in LeaveWeb
- And use Rule 2 and checkmark in conjunction with Terminal





Additional Information for Leave

- Your leave must be approved by your Commander in LeaveWeb prior to your Final Out
- The leave authorization will be made by the Finance Office. There are no exceptions to this policy.
- It is imperative that you out-process the finance office within 30 days from your final out with MPF.
- **CONCURRED Leave is not APPROVED Leave by Commander**



- Any leave you do not take will automatically be sold back to the Air Force
- You can sell a maximum of 60 days in your career
 - If you have sold leave, please let us know.

- Leave Sell is calculated as:
 - (Base Pay/30) x (# of days of Leave) (25% Fed Tax & State Tax) = Total USD for Leave Sell
 - The State Tax % rate is specific to the state





- If you remain in Germany:
 - Your OHA will continue until your DOS unless you break your current lease. You will also continue to receive COLA.
- If you remain overseas but break your lease:
 - You will not receive any OHA, unless you start a new housing lease.
- If you return to the USA:
 - Your COLA will stop the day before you depart Germany and your BAH will start the day you depart from Germany.





- All debts, including a security deposit advance, should be paid in full by your DOS
 - If not paid the balance of the debt will be taken from the final paycheck.



Travel Voucher

- All members are authorized travel allowances to their HOR if separating or HOS if retiring.
- You will find the travel voucher in the Separation/Retirement Package
- Retirees have 1 year from DOS to file their voucher
- Members who separate have 6 months from their DOS to file their voucher
 - Failure to submit a claim in this time period means you forfeit your claim against the government for travel expenses.



Travel Voucher Cont'd

- Make sure to attach all <u>copies</u> receipts for travel when submitting the Voucher
- Attach Flight Itinerary so we can confirm days of travel
- Please read the back page of the Travel Voucher so it is filled out properly
 - Failure to turn in a completed and corrected travel voucher will delay the process of reimbursement



Final Paycheck

- If your DOS is before the 15th then you will not receive a mid month paycheck, if it is after the 15th you will not receive an end of month paycheck.
- Your final payment will be issued to you within 20 30 days from your DOS.
- If you haven't received your final payment in that time frame please contact us.



Finance "Final-Out"

■ The Finance "Final-Out" must be within 30 days from your "Final-Out" with MPF

- Required for Finance "Final-Out"
 - Checklist
 - Package
 - Terminal/Permissive Leave Approved by your Commander
 - Orders

52d Fighter Wing

Mission Airmen Community

Questions?





PERSONAL PROPERTY



Traffic Management Office (TMO)

YOU MUST HAVE ORDERS TO START THE SHIPMENT PROCESS!!

Separations Entitlements

- Authorized shipment locations (HOR, PLEAD, etc..).
- Non-Temporary Storage duration is 6 months.
- POV Shipment is limited to 1 vehicle (POC: VPC at DSN: 452-7265) NOTE: POVs are recommended to be shipped at least 90 days prior to departure.
- if you are shipping alcohol please visit: "https://www.ttb.gov/wine/alcoholbeverage-control-boards"
- Entitlements not used are valid up to 1 years.

Retirements Entitlements

- Authorized shipment location is Home Of Selection (HOS).
- Non-Temporary Storage duration 12 months.
- POV Shipment is limited to 1 vehicle (POC: VPC at DSN: 452-7265) NOTE: POVs are recommended to be shipped at least 90 days prior to departure.
- Are you choosing a HOS OCONUS?
- if you are shipping alcohol please visit: "https://www.ttb.gov/wine/alcoholbeverage-control-boards"
- Entitlements not used are valid up to 3 years.



Prohibited Items



- Any controlled substance: narcotics, steroids, hallucinogenic drugs, amphetamines
- Drug paraphernalia: Hookahs, Bongs etc...
- Lithium Batteries: items that contain 100 watt hours or more. Commonly seen items to include but not limited to E-Bikes/Scooters, Power Tools, Lawn Care Equipment etc...
- Meat Products: prohibited unless shipped commercially by USDA-approved packing plant.
- Animal/Bird products: Trophies, skins, etc... Items may be imported if not restricted by US Fish & Wildlife.



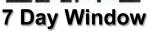
PERSONAL PROPERTY



Traffic Management Office (TMO)

INFORMATION QR CODE FOR NEXT MOVE





31



It's My Move



Customer Survey



POV Shipment



PPM













Inconvenience **Claims**





Claims





Lithium Batteries





Gypsy Moth





Mold





PERSONAL PROPERTY



Traffic Management Office (TMO)

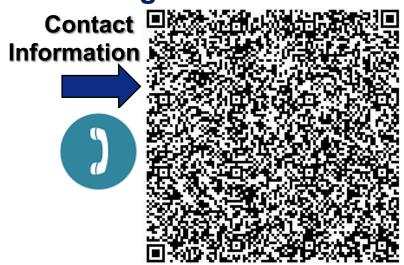
Contact Information:

Email: 52LRS.LGRDF.PersonalProperty@us.af.mil

DSN: 314-452-6065 / 6068

Commercial: +49 6565-61-6068 / 6065

NOTE: Our office is CLOSED for all U.S. Federal Holidays, USAFE Family Days, and the 3rd Wednesday of each month for training.







PERSONAL PROPERTY



Traffic Management Office (TMO)

Questions?



Passenger Travel

Traffic Management Office (TMO)



Org Box: 52LRS.LGRDAP.PASSENGERTRAVEL@US.AF.MIL

SHAREPOINT HAS THE LINK FOR

<u>AUTOMATED PASSENGER RESERVATION TOOL (APRT)</u>

Authorized Destinations

- Authorized Vehicle Port (Requires letter from VPC)
- Ramstein-Baltimore AMC
- Any deviations require circuitous travel. <u>Request must be submitted to MPS 30 days prior to DEROS</u>
- Cost Comparison to different location
- * Retirement Authorized Destination Home of Selection
- * <u>Separation Authorized Destination</u> Home of Record, Place of Enlistment or Place of Entry (unless otherwise specified on orders)

Pets

- 2 pets for family
- Rotator slots are first come first serve
- Weight limit 150 lbs. including kennel
- AMC in cabin cannot exceed 20x16x8.5 inches LWH



Passenger Travel

Traffic Management Office (TMO)



Commercial Pet Info

- Temperature/Breed restrictions apply
- No snub-nosed pets
- Different requirements depending on the <u>Airlines</u>
- AA: First Come, First Served
- UA: Traveler must contact airline pet program
- Lufthansa: SATO agents can arrange pet travel
- Pet shipping company

Do not need orders to get a reservation, we need the orders to purchase the ticket.

PAYMENT

Tickets will be purchased using our CBA, no GTC needed



PASSENGER TRAVEL



Traffic Management Office (TMO)

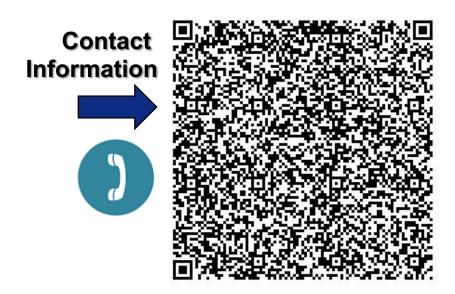
Contact Information:

Email: 52LRS.LGRDAP.PassengerTravel@us.af.mil

DSN: 314-452-6661

Commercial: +49 6565-61-6661

NOTE: Our office is CLOSED for all U.S. Federal Holidays, USAFE Family Days, and the 3rd Wednesday of each month for training.







Passenger Travel



Traffic Management Office (TMO)

Questions?

USO Transitions



The USO Pathfinder Transition Program extends the USO experience to service members and military spouses by providing professional services in five key areas:



EDUCATION



EMPLOYMENT



FINANCIAL READINESS



VETERANS BENEFITS



Personalized services to connect service members and military families to opportunities and resources in their future communities.

1-on-1 support: Transition Specialists work individually with service members and military spouses throughout the transition lifecycle.

Through the USO Mobile App, individuals can:

- View their customized selection of services and resources
- Create their own transition tasks
- Connect with their Transition Specialist in real time
- Provide feedback about their experiences with partner organizations





To get started, schedule a meeting with a USO Transition Specialist at uso.org/transition



Post-Government Employment

https://youtu.be/fA5RRoiFduE



Post-Government Employment

52FW/JA

Integrity - Service - Excellence



Agenda

- Seeking Employment
- Working on Terminal Leave
- Non-Federal Post-Government Employment Restrictions
- Foreign Employment Restrictions



Seeking Employment



- Prior to leaving Government service, Federal employees may <u>begin their job search</u> and <u>engage in employment conversations</u> with potential employers.
- However, these employees must be careful to avoid financial conflicts of interest that may arise due to their continuing Government service.

KEY RULE: You may not take any official action that affects a company with which you are negotiating for employment or have an arrangement concerning prospective employment. See 18 U.S.C. § 208, 5 C.F.R. § 2635.402



Seeking Employment

- ➤ You are <u>"seeking employment"</u> when you:
 - engage in negotiations
 - make unsolicited employment contact
 - includes sending resume
 - excludes requesting job application
 - respond to unsolicited proposal (except unconditional rejection)
- > You are **no longer "seeking employment"** when:
 - either party rejects proposal and discussions have terminated, or
 - two months have passed after mailing resume and no response

DISQUALIFICATION: An employee must notify his or her supervisor, in writing, of employment contacts that may impact his or her duties and <u>disqualify him/herself from any further involvement with matters involving those entities</u>. This restriction applies to everyone (civilians, officers and enlisted personnel) in any career field or occupation.



Terminal Leave

- Active Duty personnel may work while on terminal leave, subject to the following restrictions:
 - Financial disclosure form filers (OGE 450/278) must obtain agency designee approval if employer will be prohibited source (use AF Form 3902)
 - Military officers working on terminal leave (like all Federal employees) are prohibited by 18 USC §205 and 18 USC §203 from representing their new employer to the Government.
 - In almost every case, this <u>precludes a member from interacting or appearing in the</u>
 <u>Federal workplace as a contractor</u>. Being present in Government offices on behalf
 of a contractor is inherently a representation.
 - Of course, military officers on terminal leave may begin work with the contractor, but only "behind the scenes" at a contractor office or otherwise away from the Government workplace.
 - Enlisted members are not subject to 18 USC §§203 or 205



After Retirement/Separation

> Representational Restrictions (18 U.S.C. § 207)

Upon leaving the Federal Government, employees are subject to additional CRIMINAL restrictions under this statute that may <u>limit their interactions</u> with the Federal Government on behalf of another person or entity.

- Designed to curb "switching sides"
- DOES NOT prohibit acceptance of employment
- MAY restrict scope of employee's post government activities

> Procurement Integrity Act (41 U.S.C. 2101-2107)

Bars acceptance of <u>compensation</u> from contractor for 1 year after certain participation in procurement of:

contracts, subcontracts, modifications, and other actions > \$10M



Key Representation Bars

1-Year Cooling Off Period: Bars former senior employees

(SES/GO) from communicating to or appearing before their former department or agency, on behalf of another person or entity, with the intent to influence official action for 1 year after ceasing to serve in a senior employee position.

Lifetime Ban: Bars all former employees from representing another before any Federal agency or court regarding particular matters involving specific parties in which they participated personally and substantially at anytime during Federal service.

2-Year Ban: Bars all former employees from representing before any Federal agency or court regarding particular matters involving specific parties that were under their official responsibility during their last year of Federal employment.



Representational Restrictions Key Definitions

- "Particular matter" includes a judicial or other proceeding, application, request for a ruling or other determination, contract, claim, controversy, or investigation. Generally, does not include rulemaking, formulation of general policy, standards or objectives, or other matters of general application.
- "Intent to influence" seeking some discretionary action, ruling, benefit, or approval. Does not include purely social contacts or requesting publicly available information.
- "Participate personally and substantially" to participate directly and significantly by decision, approval, recommendation, rendering of advice or investigation. Includes actions of a subordinate if actually directed by the former employee.
- "Official responsibility" direct administrative or operating authority, whether
 intermediate or final, and either exercisable alone or with others, and either
 personally or through subordinates, to approve, disapprove, or otherwise direct
 Government action.



Procurement Integrity Act

The 1-year Ban on Accepting Compensation from the Contractor is triggered if the employee served in any of the following <u>roles</u> or made the following <u>decisions</u>:

ROLES

- Served as a Procuring Contract Officer,
 Source Selection Authority,
 Source Selection Evaluation Board Member,
 or Chief of Financial or Technical Evaluation
 Team for a procurement > \$10M
- Served as a Program Manager,
 Deputy Program Manager, or
 Administrative Contracting Officer for
 procurement > \$10M

DECISIONS

Personally made decision to:

- Award a contract, subcontract, modification, or task order > \$10M
- Establish overhead or other rates applicable to contract > \$10M
- Approve issuance of a contract payment > \$10M
- Pay or settle a contract claim >\$10M



Foreign Employment Restrictions

 Military Retirees seeking employment/ compensation from a Foreign Government...

MUST OBTAIN CONSENT!

Under the Emoluments Clause of the U.S. Constitution retired military officers, enlisted personnel, and Reservists may not accept a payment from a foreign government without first obtaining the consent of Congress. Congress has determined that this consent should be obtained by asking for advance permission from the Secretary of State and the Secretary of the Military Department concerned before accepting the payment. For purposes of the Emoluments Clause, a corporation that is controlled by a foreign government is generally considered to be the same as the foreign government itself.

The penalty for violating the Emoluments Clause is suspension of a portion of (or in some instances all) retired military pay during the period of the violation.

AF Retirees considering employment by a foreign government should consult AFI 36-2913, Request for Approval of Foreign Government Employment (19 Nov 03). The responsible office is: HQ AFPC/DPFFF, 550 C Street West, Randolph AFB, Texas, 78150-4739. Telephone is COM 210-565-2273 or DSN 665-2273. Point of Contact is Ms. Tammy Hern.



Questions?











Overview

- Programs in the Air Force Reserve
 - (Part time & Full time)
- Air Force Reserve Benefits
- Family/Career/Reserve
- Schedule Out Process



Part Time Participation Options

Traditional Reserve

- 1 Weekend per Month
- 1 Annual Tour (2 Weeks)
- Total: 39 Days

Individual Mobilized Augmentee (IMA)

- Flexible Schedule and DOES NOT have to be local.
- Ability to be attached to a unit geographically separated from your home of record.
- Serve 26 days/year IMAB or 38 days/year IMAA.



Full Time Participation Options

Air Reserve Technician (ART)

- Full time civil servant M-F.
- Reserve member 1 weekend per month.
- Two Retirements!
- www.usajobs.gov

• Active Guard & Reserve (AGR)

- Same pay and benefits as active duty.
- Earn an active duty retirement after 20 years.
- myPers (Select "Air Reserve," Click "Access AGR Program Information/Vacancies")



- Maintain/renew/upgrade security clearance
- SGLI (50k-400k)
- Retirement= 20 years of service
- NO testing for rank!
- Cross-Training
- Extra income
- MGIB-SR(extra12 mos)/ Kicker (\$350)/TA(\$4500)
- Medical Insurance (Tricare Reserve)



Extra Monthly Income CY 2021

Rank/TIS Per UTA (weekend)

Capt w/6 yrs \$841.56

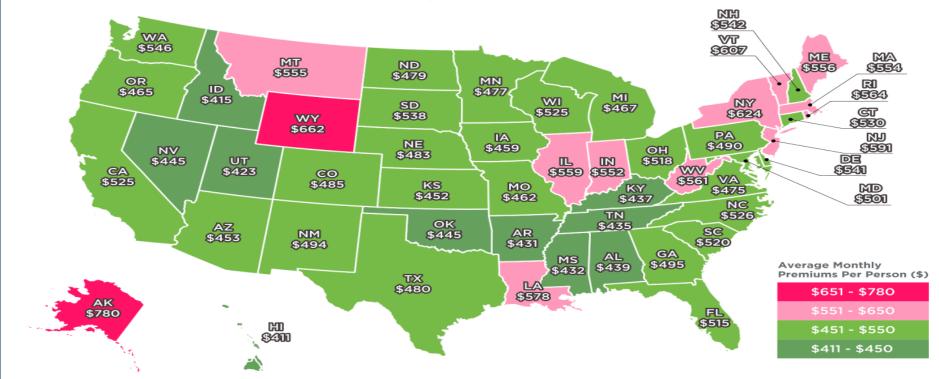
SrA w/4 yrs \$361.80

Annual tour is Active Status w/base pay, BAH, BAS



Health Insurance Rates by State

Average Monthly Premiums Per Person



Article & Sources:

https://howmuch.net/articles/health-insurance-rates-by-state https://www.ubabenefits.com/





Transitional Assistance Management Program (TAMP)

- 180 days of premium-free healthcare benefits after separation from active duty.
- Eligibility:
 - Involuntarily separating from active duty under honorable conditions.
 - Air National Guard or Reserve member separating from a period of more than 30 consecutive days of active duty served in support of a contingency operation.
 - Separating from regular active duty service and agree to become a member of the of a Reserve Component. The member must become a Selected Reservist the day immediately following release from regular active duty service to qualify.



TRICARE Reserve Select (TRS)

http://www.tricare.mil/reserve/reserveselect/index.cfm

- Pick your doctor
- Individual Monthly Premium: \$44.17
- Family Monthly Premium: \$228.27
- Compare with civilian insurance plans at www.ehealthinsurance.com



Educational Benefits

Post 9/11 Transfer Eligibility

- Any member of the armed forces Active Duty or Selected Reserve and meets the following criteria:
 - 6 years in the Armed Forces (Active Duty and/or Selected Reserve) on the date of approval and agrees to serve four additional years in the armed forces from the date of election
 - Transfer requests are submitted and approved while the member is in the armed forces

Air Force Reserve 100% Tuition Assistance

- 100% for Undergraduate Degree Programs & Master's Degree Programs
- Annual cap of \$4,500.00
- Exact same program as Active Duty-apply through the AFPortal



GI Bill Reserve Select and Kicker

Monthly Rates (as of Oct 1, 2020)

Montgomery GI Bill-Selective Reserve

Full Time Rate \$397.00
*12 Additional Months of Education Benefits after exhaustion of Post-911 GI Bill

GI Bill Kicker-Requires qualifying AFSC

Full Time Rate \$350.00



Family-Career-Reserve

- Priorities
- Moving
- Inactive Status
 - Break in Service
- Job Security
 - Protection



Make your Out-processing appointment

*Required for All O-4 (Maj) and Below Members SEPARATING

MSgt Richard Mier

DSN: 314-452-6762

richard.mier.2@us.af.mil

WhatsApp 49-0160-5221174

PALACE CHASE PALACE FRONT BRIEF

MSgt Ryan Persad In-Service Recruiter Comm:

+49 170 1740481

ryan.persad.1@us.af.mil













Benefits of joining the ANG

- Focus on personal goals while continuing military service
- Federal and State education benefits
- Cross-training
- Thrift Savings Plan (TSP)
- Unlimited BX, commissary, gym, hobby shop, MWR, Space-A, and outdoor recreation
- Service members Group Life Insurance (SGLI)
- Health Care Coverage
- > Full time employment opportunities
- Possible \$30,000 affiliation bonus
- > Retirement age 60

More Benefits

MILITARY ID CARD/BASE PRIVILEDGES FOR YOU AND YOUR DEPENDANTS!

\odot	Chapel	Used Car Lot	Tennis Court
•	Library	Golf Course	Shooting Range
•	Theater	Bowling Alley	Swimming Pool
•	Auto Skills	Recreation Center	Aero Club

- Base Exchange (Department Store! No taxes! Save up to 25% a year) http://www.aafes.com/
- Gym (Sauna, Weights, Basketball, Aerobics. Absolutely free!) Picnic Area (Rental Lodge/Lake/Softball/Basketball)

- Shoppette (Convenience Store/Gas Station/Auto Repair Shop)
 Self Help Hobby Shops (Ceramic Shop, Wood Shop, Auto Repair Shop, etc.)
- Billeting (Military Hotel/Motel Space Available!)
 NCO Club (Meals, Social Occasions, Special Activities, etc.)
- Rental Service (Sport/Lawn/Special Event Equipment, etc.)
- Class VI (Military Package Store)
- Commissary (Save up to 30% a year on groceries www.commissaries.com)

 Group Life Insurance (Up To \$400,000) http://www.insurance.va.gov/miscellaneous/index.htm
- Free Uniforms and Replacement
- 20 Year Retirement plus Thrift Saving Plan (401K Type Plan <u>www.tsp.gov</u>) Opportunity To Travel (Earn Money While You Travel)

- VA Housing Loan (http://www.homeloans.va.gov/)
 Health and Dental Insurance Programs (http://www.tricare.mil)
 Free Lodging on Drill Weekend (If you live over 50 miles away from base)
- Civilian Job Rights and Protection (http://www.esgr.org/)

O more Benefits....

• "BENEFITS!"

- **Honor Serving Your Country And State**
- Fair, Impartial Treatment For All
 Interactions With Working Professionals
- Member Of A Profession Highly Respected By The American Public

• "MONEY"

Pay raises

•

•

•

- Annual cost of living allowance
- Annual seniority pay increase for every other year served Unit Training Assembly/One weekend a month (4 days of active duty base pay) Deployments Opportunity to travel and make extra money!
- Monthly salary at TTS (Active Duty pay) if required for retraining
- Full-time employment opportunities
- Military Pay Information Line (www.defenselink.mil/militarypay)

- Family time
- School time
- Valuable training for your Career of your choice (crazy huh)
- Exchange for one weekend a month and two weeks a year
 - 39 Days of work in your career field, in a year, minimum

Who is the Air National Guard?

> Our Federal Role

To support national security objectives

> Our State Role

To protect life, property, preserve peace, order and public safety

*Still one weekend a month+ 2 weeks out of the year = 39 Days a year!

DC National Guard trains with partners in Puerto Rico

By Capt. Edwin Nieves, , DC National Guard / Published August 23, 2021

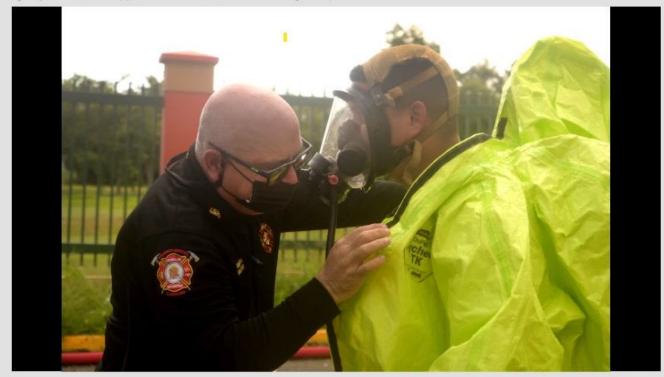


PHOTO DETAILS / DOWNLOAD HI-RES 1 of 1

A Weapons of Mass Destruction Civil Support Team member's protective suit is inspected before the member responds to a potential chemical, biological, or radiological threat while participating in a training event in the municipality of Carolina, Puerto Rico, Aug. 18, 2021.

Pennsylvania Air National Guard helps fight West Coast fires

By Lt. Col. Angela King-Sweigart, Joint Force Headquarters - Pennsylvania National Guard / Published August 16, 2021

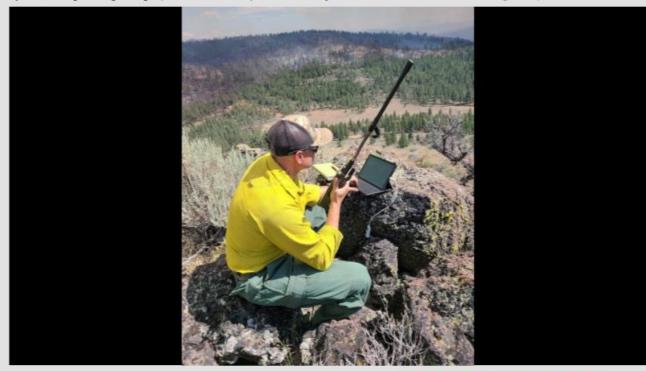


PHOTO DETAILS / DOWNLOAD HI-RES 1 of 1

Master Sgt. Brent Hill, Pennsylvania Air National Guard, controls the infrared imagery on an RC26 in support of burn operations on the Beckwourth Fire in California from western Nevada July 13, 2021. Hill is part of a team of imagery experts providing live aerial video streaming to fire bosses working on the front lines of the California wildfires. (U.S. Air Force photo by Staff Sgt. William Gray)

Behind the scenes of exercise Sentry Aloha: Airfield Management

By Senior Airman Robert Cabuco, 154th Wing Public Affairs / Published August 23, 2021



PHOTO DETAILS / DOWNLOAD HI-RES 1 of 1

Senior Airmen Moana Melendez and Veronica Mendoza, airfield management specialists with the Hawaii Air National Guard 154th Operations Support Squadron, examine runway lights on their daily inspection before sorties begin for exercise Sentry Aloha at Joint Base Pearl Harbor-Hickam, Hawaii, Aug. 18, 2021. This small group of mission-critical service members helps to ensure the safety and success of HIANG flights out of Hickam Airfield and Daniel K. Inouye International Airport.

•

• Active Guard Reserve (AGR). Military Vacancy Announcements, Active Guard Reserve (AGR), Active Duty for Operational Support Positions found at: https://www.ang.af.mil/Careers/State-Active-Guard-Reserve/

Full-Time Federal Technician positions can be found at: https://www.usajobs.gov/

 To find a phone number to the recruiting team in a specific state: https://www.goang.com/locations.html

• AGR and Federal/State Positions can be found on each state's website (some websites do not open on a government computer):

- Alabama: https://al.ng.mil/ALABAMA/Careers/HRO/Pages/agr.aspx
- Alaska: https://dmva.alaska.gov/HRO/AGR
- Arizona: https://dema.az.gov/careers/azng-human-resources/jobs-agr
- Arkansas: https://arkansas.nationalguard.mil/Careers/Current-Openings/Air-AGR/
- California: https://calguard.ca.gov/air/
- Colorado: http://co.ng.mil/jobs/Pages/default.aspx
- Connecticut: http://ct.ng.mil/Careers/Pages/default.aspx
- **Delaware:** https://www.de.ng.mil/join/careers/
- District of Columbia: http://www.113wg.ang.af.mil/Resources/Careers.aspx
- Florida: https://www.ang.af.mil/Careers/State-Active-Guard-Reserve/
- Georgia: (site under maintenance)
- Guam: (site under maintenance)
- Hawaii: http://dod.hawaii.gov/hro/job-vacancy-announcements/agr-vacancies/
- Idaho: https://inghro.idaho.gov/Jobs.htm
- Illinois: http://www.il.ngb.army.mil/Employment-Opportunities/
- Indiana: https://www.in.ng.mil/Careers/Jobs/
- **lowa:** https://www.iowanationalguard.com/Jobs/Pages/Home.aspx
- Kansas: http://www.kansastag.gov/FED_jobs_agr.asp
- Kentucky: https://www.123aw.ang.af.mil/Contact-Us/Careers/

- Louisiana: http://geauxguard.la.gov/join-us/agr/air/
- Maine: http://www.me.ngb.army.mil/Careers/
- Maryland: http://military.maryland.gov/hro/Pages/HRO-Home.aspx
- Massachusetts: http://www.thenationsfirst.org/available-positions.html
- Michigan: http://minationalguard.dodlive.mil/available-jobs/
- Minnesota: https://minnesotanationalguard.ng.mil/full-time-jobs-in-minnesota/
- Mississippi: http://ms.ng.mil/careers/Pages/default.aspx
- Missouri: http://www.moguard.com/current-job-listings/
- Montana: https://www.120thairliftwing.ang.af.mil/Recruiting/
- Nebraska: https://ne.ng.mil/Resource/Pages/Job-Announcements.aspx
- Nevada: https://nv.ng.mil/SitePages/departments/human-resources.html
- New Hampshire: (site under maintenance)
- New Jersey: http://www.nj.gov/military/vacancy/
- New Mexico: https://www.150sow.ang.af.mil/About-Us/Careers/
- New York: http://dmna.ny.gov/jobs/?id=agr
- North Carolina: http://nc.ng.mil/resources/careers/Pages/Careers.aspx
- North Dakota: https://www.ndguard.nd.gov/job-opportunities
- Ohio: https://hr.ong.ohio.gov/Job-Postings/AirNationalGuard
- Oklahoma: https://ok.ng.mil/careers

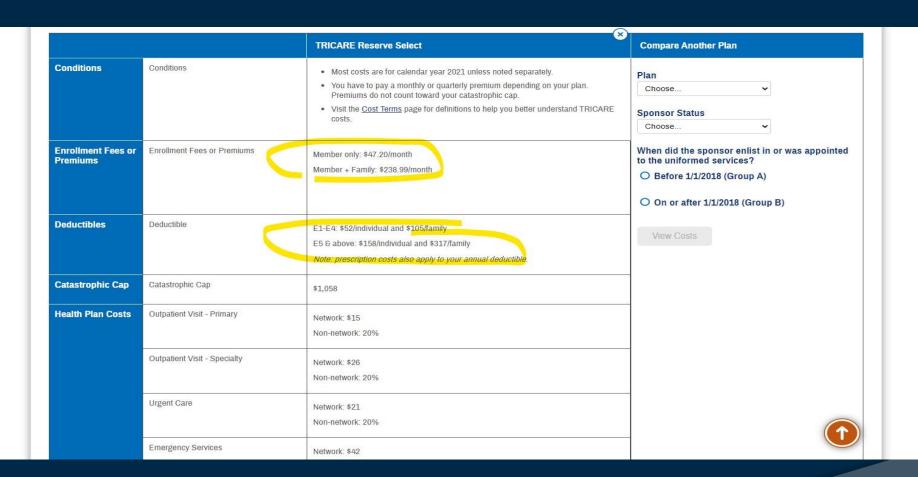
- Oregon: https://www.oregon.gov/omd/Pages/Careers.aspx
- Pennsylvania: https://www.pa.ng.mil/Offices-Programs/Human-Resources/Jobs-Employment/
- Puerto Rico: (site under maintenance)
- Rhode Island: https://www.143aw.ang.af.mil/About-Us/Careers/
- South Carolina: https://www.169fw.ang.af.mil/Careers/Swamp-Fox-Vacancies/
- South Dakota: https://sd.ng.mil/Careers/Pages/default.aspx
- Tennessee: https://www.tn.gov/military/programs-benefits/employment-assistance/usajobs.html
- Texas: https://tmd.texas.gov/tmd-jobs
- Utah: https://ut.ng.mil/Employment/Job-Board/
- Virgin Islands: (site under maintenance)
- Vermont: https://www.158fw.ang.af.mil/CAREERS/OPPORTUNITIES/
- Virginia: https://va.ng.mil/employment/Pages/VANGHRO.aspx
- Washington: https://mil.wa.gov/washington-air-national-guard-traditional-jobs
- West Virginia: http://www.wv.ng.mil/HRO/
- Wisconsin: http://dma.wi.gov/DMA/humanresources/fedhr/agr
- Wyoming: http://wyomilitary.wyo.gov/employment/air/

Who needs Insurance



Insurance

- > Tricare Reserve Select: www.tricare.mil/cost
 - Cost as of 22 May 2022
 - Member only: \$47.20 (Nat'l Avg is \$289.43+)
 - Family and member: \$238.99 (Nat'l Avg is \$574.67+)
- > Tricare Dental Program: https://www.uccitdp.com/
 - Member only \$11.54
 - Member and Family \$31.04



How can you apply?

AFI 36-3205

- Palace Front: allow airmen to transition into the ANG after completing their active duty service commitment
 - > Talk to me ASAP
- Palace Chase: allow airmen to honorably exit active duty early and serve out their contract part-time in the ANG;
 - > 2 years for 1 Year AD Enlisted
 - > 3 years for 1 Year AD Officers
- Double for what ever you owe on Active Duty in the Guard

Palace Chase Eligibility

- > Enlisted, complete 1/2 of initial enlistment
- ➤ Officers, complete 2/3 of initial ADSC
- No PCS orders (except when stationed overseas)
- Cannot be scheduled/notified of deployment, TDY or PME
- No Control Roster
- No medical profile (except pregnancy)
- ➤ No referral EPRs/OPRs
- ➤ Not within 6 months of Date Of Separation- (you would Palace Front)
- > Valid security clearance
- Current fit test of 75% or higher

Palace Front Eligibility

- > Current fit test of 75% or higher
- No medical profile (except pregnancy)
- > Honorable discharge with a qualifying re-enlistment code
- > Valid security clearance





A CUT ABOVE

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Benefits Delivery at Discharge (BDD)

Benefits Delivery at Discharge (BDD) OVERVIEW

- Things to do to prepare if you are currently more than 180 days from separation:
- 1. Create a VA.gov account
- 2. Obtain a complete copy of your STRs/Behavioral Health/Dental/Vision records
- 3. Prepare a list of the chronic conditions you plan to claim

Benefits Delivery at Discharge (BDD) ELIGIBILITY REQUIREMENTS

- 1. You must have between 90-180 days remaining on active duty (ETS/retirement date, not terminal leave) at the time your claim is submitted.
- 2. You must be available for 45-60 days immediately following the submission of your claim to attend required VA examinations.
- 3. You must submit a complete copy of your service treatment records (STRs) to include behavioral health, dental, or vision records if filing a claim for a disability within these specialized areas.
- 4. Effective 01 April, participation in the BDD program requires the submission of a complete/signed Separation Health Assessment (SHA) Part A.

Benefits Delivery at Discharge (BDD) PROCESS / SUBMITTING A CLAIM

To ensure timely and seamless processing of your claim, please follow these step-by-step instructions.

- I. Request a complete copy of your STRs from the Patient Administration Desk at the local Troop Medical Clinic/Hospital.
 - Some records may be stored in a separate location from your primary medical file:
 - Military entrance physical
 - Inpatient records
 - Behavior Health records
 - Dental records (applicable only if claimed)

IMPORTANT: Tricare online records are not considered a complete copy of your STRs, they do not contain all necessary elements noted above.

Benefits Delivery at Discharge (BDD) PROCESS / SUBMITTING A CLAIM

II. Claims Submission

The VA has three (3) platforms for Service Members and Veterans to submit a disability application and required supporting evidence (STRs, SHA Part A, etc.):

1. VA.gov

- ➤ After indicating you are on active duty and providing your future release from active-duty date, VA.gov will allow you to begin the claims application.
- ➤ International phone numbers cannot be entered on VA.gov. If you have an international phone number, please complete VA Form 21-4138 (Statement in Support of Claim) and upload this as supporting evidence with your claim.

2. Quick Submit

➤ If you're unable to submit your application, STRs, SHA Part A, and supporting documents through VA.gov, you can submit them via Quick Submit.

Benefits Delivery at Discharge (BDD) PROCESS / SUBMITTING A CLAIM

3. Mail or Fax

> As a last resort, applications and supporting documents may be mailed or faxed to the VA's Claims Intake Center.

Mail

Department of Veterans Affairs

Claims Intake Center

PO Box 4444

Janesville, WI 53547-4444

Fax

Toll Free Fax: 844-531-7818

DID Fax: 248-524-4260

Required application/documents: VA Form 21-526EZ (Application for Disability Compensation and Related Compensation Benefits)

Benefits Delivery at Discharge (BDD)

Should you wish to have a VA Representative assist you prior to submitting a claim and you are within 180 days of active-duty separation, we are available Monday – Friday from 9:00 am to 1600.

- 1. If you are within driving distance of our Landstuhl office, we encourage walk-ins on Monday from 0900-1130 and Friday from 0900-1130 and 1315-1600.
- 2. If you are not within driving distance of our Landstuhl office, you may schedule a telephone appointment via Visitor Engagement Reporting Application (VERA). Please add a comment in the special request section with your phone number (to include country code).

If a medical records review appointment is desired, the VA will need a copy of your service treatment records **prior to an in-person or phone interview.** A copy of your records must be electronically submitted via VA.gov or Quick Submit.

Benefits Delivery at Discharge (BDD) LOCATION / CONTACT INFORMATION

VA's Germany BDD Intake site is located at:

Landstuhl Regional Medical Center (LRMC)

Bldg. 3724 Room 110-114

Email: germanybdd.vbapit@va.gov

Phone: DSN 314-590-8200

Commercial: +49 (0) 06371 9464 8200

To receive regular overseas updates and information, please view and sign up to receive the VA's OCONUS newsletter: https://content.govdelivery.com/accounts/USVAVBA/bulletins/27fbc0d

Questions?