

DAILY BREAKFAST

DAILY MENU

- Oatmeal
- Scrambled Eggs
- Boiled Eggs
- Grits
- Creamed Beef
- Biscuits
- Bacon
- Assorted Sausage (Changes Daily)
- Assorted Potatoes (Changes Daily)

GRILL

- Scrambled Eggs
- Fried Eggs
- Omelet
- French Toast
- Pancakes

GRILL TOPPINGS

- Tomatoes Spinach
- Mushrooms
- Bell Peppers
- Onions Jalapenos
- Shredded Cheese
- Shredded Ham

**Month of
March 2024**

452.6727/06565.61.6727

Menu Subject to change based on availability

EAT THESE FOODS...

■ REGULARY ■ SPARINGLY ■ RARELY

SALAD BAR

LARGE SALAD - 12 OZ | SMALL SALAD - 6 OZ

SALAD TOPPINGS

- Romaine Lettuce
- Blanched Broccoli
- Mushrooms
- Sliced Cucumbers
- Cherry Tomatoes
- Peas
- Sliced Black Olives
- Tuna Salad
- Spinach
- Shredded Carrots
- Thin Sliced Onions
- Sliced Celery
- Diced Eggs
- Shredded Cheese

SPECIALTY BAR

TUESDAY: Taco Bar

WEDNESDAY: Wing Wednesday

THURSDAY: Pasta Bar

GRILL/SNACK LINE

- Grilled Chicken Breast
- Hamburger (Single or Double)
- Philly Cheese Steak
- Cheeseburger (Single or Double)
- Grilled Cheese
- Grilled Ham & Cheese
- Grilled Frankfurters
- Corn Dogs
- Onion Rings
- Chili Con Carne
- Assorted Fries (Changes Daily)

March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					LUNCH	LUNCH
					Polish Sausage (Red, High)	Santa Fe Glazed Chicken (Green, Low)
					Baked Salmon (Green, Low)	Zesty Pork Chops (Green, Low)
					Hamburger Yakisoba (Yellow, Low)	Beef Ball Stroganoff (Yellow, Moderate)
					DINNER	DINNER
					Brisket W/BBQ Sauce (Yellow, High)	Baked Salmon (Yellow, High)
					Shrimp Scampi (Yellow, High)	BBQ Chicken (Green, High)
					German Chicken Schnitzel (Yellow, Moderate)	Pasta Primavera (Yellow, Moderate)
3	4	5	6	7	8	9
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Cheese Tortellini with Marinara (Green, High)	Caribbean Catfish (Yellow, Moderate)	Baked Fish (Yellow, Moderate)	Lemon Basil Shrimp Pasta (Yellow, Moderate)	Honey Ginger Chicken (Green, Low)	Fried Chicken (Yellow, Moderate)	Spinach Lasagna (Yellow, Moderate)
French Fried Shrimp (Red, Low)	Herbed Baked Chicken (Green, Low)	Meat Loaf (Yellow, Moderate)	Stuffed Baked Pork Chops	Grilled Salmon w/Citrus Butter (Yellow, High)	Italian Broccoli Pasta (Yellow, High)	Hot and Spicy Chicken (Green, Moderate)
Bourbon Chicken (Yellow, Low)	Stuffed Green Peppers (Beef) (Yellow, High)	Baked Chicken (Green, Low)	Grilled Chicken w/ Mustard Sauce (Green, Moderate)	BBQ Brisket (Yellow, Moderate)	Stuffed Baked Pork Chops (Yellow, Low)	BBQ Brisket (Yellow, Moderate)
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Beef Pot Pie (Yellow, High)	Southwestern Sweet Potatoes Black Beans and Corn (Green, Moderate)	BBQ Beef Cubes (Red, High)	Grilled Steak (Green, Low)	Crispy Oven Baked Chicken (Yellow, Low)	Hamburger Yakisoba (Yellow, Low)	Ground Beef Meatballs (Green, low)
Lemon Baked Fish (Green, Low)	Beef Stew (Yellow, Moderate)	Southwestern Fish (Green, Low)	Cajun ChickenSalmon (Yellow, Low)	Beef Stew (Green, High)	Savory Baked Chicken (Yellow, Moderate)	Baked Stuffed Fish (Yellow, Low)
Herbed Baked Chicken (Green, Low)	Chicken, Savory Baked (Yellow, High)	Mexican Baked Chicken (Green, High)	Mediterranean Salmon (Yellow, Low)	Parmesan Crusted Cod (Yellow, Moderate)	Mexican Fiesta FishSalmon (Yellow, Low)	Chicken Cordon Bleu (Green, low)
10	11	12	13	14	15	16
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Southwestern Sweet Potatoes Black beans and Corn (Yellow, Low)	BBQ Brisket (Yellow, Moderate)	Chicken Kabob (Yellow, Low)	Lasagna (Yellow, High)	Turkey and Spinach Meatloaf (Green, Moderate)	Swiss Steak w/Brown Gravy (Yellow, High)	Fish Lemon Baked (Green, Low)
Shrimp Kabob (Yellow, High)	Chicken Cordon Bleu (Red, High)	Pepper Steak (Green, Moderate)	Pork Schnitzel (Red, Moderate)	Grilled Salmon in Citrus Butter (Green, High)	BBQ Chicken (Green, low)	Chili Mac (Green, Moderate)
Chicken Parmesan (Red, High)	Pasta Primavera (Yellow, Moderate)	Tuna Noodles (Yellow, High)	Fish Onion-Lemon Baked (Green, Low)	Beef Balls Stroganoff (Yellow, Low)	Tuna Noodles (Yellow, High)	Shrimp Scampi (Green, High)
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Zesty Pork Chop (Green, Moderate)	Beef and Corn Pie (Green, Moderate)	Sweet and Spicy Orange Salmon (Yellow, Moderate)	Parmesan Cod (Yellow, Moderate)	BBQ Beef Cubes (Red, High)	Lasagna (Yellow, High)	Teriyaki Chicken (Green, low)
Chili Mac (Green, Moderate)	Parmesan Cod (Yellow, Moderate)	Cheese Tortellini with Marinara (Green, High)	Hamburger Yakisoba (Yellow, Low)	Mexican Chicken (Yellow, High)	Chicken Cacciatore (Green, Moderate)	Braised Spareribs (Yellow, Moderate)
Lemon Pepper Catfish (Yellow, Low)	BBQ Chicken (Green, High)	Steak Rancho (yellow, Moderate)	Savory baked Chicken (Green, Moderate)	Baked Salmon (Yellow, Moderate)	Italian Broccoli Pasta (Yellow, High)	Salmon, Maple Ginger (Yellow, Moderate)
17	18	19	20	21	22	23
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Turkey Ala King (Yellow, High)	Oriental Pepper Steak (Yellow, Moderate)	Onion Lemon Baked Fish (Green, Low)	Spicy Catfish Pobby (Red, Moderate)	Grilled Pork Chop (Green, Moderate)	Roast Turkey (Yellow, Moderate)	Baked Chicken (Green, High)
Country Style Fried Steak (Red)	Chicken Parmesan (Red, High)	Hamburger Yakisoba (Yellow, Low)	Grilled Pork Chops (Yellow, Low)	Lemon Pepper Catfish (Yellow, High)	Cheese Tortellini with Marina (Green, High)	Southwestern Shrimp Linguine (Yellow, High)
Baja Baked Cod (Green, High)	Parmesan Cod (Yellow, Moderate)	Pasta Toscano	Cajun Meatloaf (Yellow, Moderate)	Baked Florentine Turkey Roulade (Green, Low)	Stuffed Green Peppers (Beef) (Yellow, High)	Beef Brogul (Green, low)
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Swedish Meatballs (Ground Turkey) (Yellow, High)	Pork Roast Tenderloin (Green, Low)	Baja Fish Taco (Green, High)	Fish Onion-Lemon Baked (Green, Low)	Baked Salmon (Green, Low)	Turkey and Spinach Meatloaf (Green, Moderate)	Honey Ginger Chicken (Green, Low)
Maple Ginger Glazed Salmon (Yellow, High)	Tuna Noodles (Yellow, High)	Baked Mexican Chicken (Yellow, High)	BBQ Brisket (Yellow, Moderate)	Beef Balls Stroganoff (Green, Moderate)	Savory Baked Chicken QTR	Salisbury Steak (Yellow, Moderate)
Steak Smothered in Onion (Yellow, Moderate)	Savory Baked Chicken (Yellow, Moderate)	Mexican Baked Chicken (Green, High)	Cajun Chicken (Green, Moderate)	Cajun Chicken (Green, Low)	Parmesan Cod (Yellow, Moderate)	Cheese Tortellini (Yellow, Moderate)
24	25	26	27	28	29	30
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
CORDON BLEU, CHICKEN (Red, Low)	Cheese Tortellini with Marinara (Green, High)	Chili Mac (Green, Moderate)	Shrimp Kabob (Yellow, High)	Grilled Chicken w/ Mustard Sauce (Green, Low)	Polish Sausage (Red, High)	Santa Fe Glazed Chicken (Green, Low)
Stir Fry Chicken w/Broccoli (Green, High)	French Fried Shrimp (Red, Low)	Lemon Baked Fish (Yellow, Low)	Ginger BBQ Chicken (Green, Low)	Parmesan Crusted Pork Chop (Yellow, High)	Baked Salmon (Green, Low)	Zesty Pork Chops (Green, low)
Teriyaki Steak (Yellow, High)	Bourbon Chicken (Yellow, Low)	Teriyaki Chicken (Yellow, High)	Lemon Basil Pasta (Yellow Moderate)	Mediterranean Salmon (Yellow Moderate)	Hamburger Yakisoba (Yellow, Low)	Beef Ball Stroganoff (Yellow, Moderate)
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Chicken Ala King (Green, Moderate)	Beef Pot Pie (Yellow, High)	Pork Roast Tenderloin (Green, Low)	Marinated Tomatoes With Penne And Basil (Green, High)	Hot and Spicy Chicken (Green, Moderate)	Brisket W/BBQ Sauce (Yellow, High)	Baked Salmon (Yellow, High)
Lemon Baked Fish (Yellow, Moderate)	Lemon Baked Fish (Green, Low)	Baja Baked Cod (Green, High)	Southern Fried Catfish (Red, Moderate)	Pasta Toscano (Yellow, High)	Shrimp Scampi (Yellow, High)	BBQ Chicken (Green, High)
Pasta Primavera (Yellow, Moderate)	Herbed Baked Chicken (Green, Low)	Pasta Toscano (Green, Moderate)	Beef Balls Stroganoff (Yellow, High)	Cantonese Spareribs (Red, High)	German Chicken Schnitzel (Yellow, Moderate)	Pasta Primavera (Yellow, Moderate)
31						
LUNCH						
Cheese Tortellini with Marinara (Green, High)						
French Fried Shrimp (Red, Low)						
Bourbon Chicken (Yellow, Low)						
DINNER						
Beef Pot Pie (Yellow, High)						
Lemon Baked Fish (Green, Low)						
Herbed Baked Chicken (Green, Low)						