

Lunch Menu- April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	Caribbean Catfish (Yellow, Moderate)	Baked Fish (Yellow, Moderate)	Lemon Basil Shrimp Pasta (Yellow, Moderate)	Honey Ginger Chicken (Green, Low)	Fried Chicken (Yellow, Moderate)	Spinach Lasagna (Yellow, Moderate)
	Herbed Baked Chicken (Green, Low)	Meat Loaf (Yellow, Moderate)	Stuffed Baked Pork Chops (Yellow, Moderate)	Grilled Salmon w/Citrus Butter (Yellow, High)	Italian Broccoli Pasta (Yellow, High)	Hot and Spicy Chicken (Green, Moderate)
	Stuffed Green Peppers (Beef) (Yellow, High)	Baked Chicken (Green, Low)	Grilled Chicken w/ Mustard Sauce (Green, Moderate)	BBQ Brisket (Yellow, Moderate)	Stuffed Baked Pork Chops (Yellow, Low)	BBQ Brisket (Yellow, Moderate)
7	8	9	10	11	12	13
Southwestern Sweet Potatoes Black beans and Corn (Yellow, Low)	BBQ Brisket (Yellow, Moderate)	Chicken Kabob (Yellow, Low)	Lasagna (Yellow, High)	Turkey and Spinach Meatloaf (Green, Moderate)	Swiss Steak w/Brown Gravy (Yellow, High)	Fish Lemon Baked (Green, Low)
Shrimp Kabob (Yellow, High)	Chicken Cordon Bleu (Red, High)	Pepper Steak (Green, Moderate)	Pork Schnitzel (Red, Moderate)	Grilled Salmon in Citrus Butter (Green, High)	BBQ Chicken (Green, low)	Chili Mac (Green, Moderate)
Chicken Parmesan (Red, High)	Pasta Primavera (Yellow, Moderate)	Tuna Noodles (Yellow, High)	Fish Onion-Lemon Baked (Green, Low)	Beef Balls Stroganoff (Yellow, Low)	Tuna Noodles (Yellow, High)	Shrimp Scampi (Green, High)
14	15	16	17	18	19	20
Turkey Ala King (Yellow, High)	Oriental Pepper Steak (Yellow, Moderate)	Onion Lemon Baked Fish (Green, Low)	Spicy Catfish Poboy (Red, Moderate)	Grilled Pork Chop (Green, Moderate)	Roast Turkey (Yellow, Moderate)	Baked Chicken (Green, High)
Country Style Fried Steak (Red)	Chicken Parmesan (Red, High)	Hamburger Yakisoba (Yellow, Low)	Grilled Pork Chops (Yellow, Low)	Lemon Pepper Catfish (Yellow, High)	Cheese Tortellini with Marima (Green, High)	Southwestern Shrimp Linguine (Yellow, High)
Baja Baked Cod (Green, High)	Parmesan Cod (Yellow, Moderate)	Pasta Toscano (Yellow, Moderate)	Cajun Meatloaf (Yellow, Moderate)	Baked Florentine Turkey Roulade (Green, Low)	Stuffed Green Peppers (Beef) (Yellow, High)	Beef Brogoli (Green, low)
21	22	23	24	25	26	27
CORDON BLEU, CHICKEN (Red, Low)	Cheese Tortellini with Marinara (Green, High)	Chili Mac (Green, Moderate)	Shrimp Kabob (Yellow, High)	Grilled Chicken w/ Mustard Sauce (Green, Low)	Polish Sausage (Red, High)	Santa Fe Glazed Chicken (Green, Low)
Stir Fry Chicken w/Broccoli (Green, High)	French Fried Shrimp (Red, Low)	Lemon Baked Fish (Yellow, Low)	Ginger BBQ Chicken (Green, Low)	Parmesan Crusted Pork Chop (Yellow, High)	Baked Salmon (Green, Low)	Zesty Pork Chops (Green, low)
Teriyaki Steak (Yellow, High)	Bourbon Chicken (Yellow, Low)	Teriyaki Chicken (Yellow, High)	Lemon Basil Pasta (Yellow Moderate)	Mediterranean Salmon (Yellow Moderate)	Hamburger Yakisoba (Yellow, Low)	Beef Ball Stroganoff (Yellow, Moderate)
28	29	30				
Chicken Ala King (Green, Moderate)	Beef Pot Pie (Yellow, High)	Pork Roast Tenderloin (Green, Low)				
Lemon Baked Fish (Yellow, Moderate)	Lemon Baked Fish (Green, Low)	Baja Baked Cod (Green, High)				
Pasta Primavera (Yellow, Moderate)	Herbed Baked Chicken (Green, Low)	Pasta Toscano (Green, Moderate)				

Taco Bar on Tuesdays/Wings on Wednesday/Pasta Bar on Thursdays *Menu subject to change



Dinner Menu - April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	Southwestern Sweet Potatoes Black Beans and Corn (Green, Moderate)	BBQ Beef Cubes (Red, High)	Grilled Steak (Green, Low)	Crispy Oven Baked Chicken (Yellow, Low)	Hamburger Yakisoba (Yellow, Low)	Ground Beef Meatballs (Green, low)
	Beef Stew (Yellow, Moderate)	Southwestern Fish (Green, Low))	Cajun ChickenSalmon (Yellow, Low)	Beef Stew (Green, High)	Savory Baked Chicken (Yellow, Moderate)	Baked Stuffed Fish (Yellow, Low)
	Chicken, Savory Baked (Yellow, High)	Mexican Baked Chicken (Green, High)	Mediterranean Salmon (Yellow, Low)	Parmesan Crusted Cod (Yellow, Moderate)	Mexican Fiesta FishSalmon (Yellow, Low)	Chicken Cordon Bleu (Green, low)
7	8	9	10	11	12	13
Zesty Pork Chop (Green, Moderate)	Beef and Corn Pie (Green, Moderate)	Sweet and Spicy Orange Salmon (Yellow, Moderate)	Parmesan Cod (Yellow, Moderate)	BBQ Beef Cubes (Red, High)	Lasagna (Yellow, High)	Teriyaki Chicken (Green, low)
Chili Mac (Green, Moderate)	Parmesan Cod (Yellow, Moderate)	Cheese Tortellini with Marinara (Green, High)	Hamburger Yakisoba (Yellow, Low)	Mexican Chicken (Yellow, High)	Chicken Cacciatore (Green, Moderate)	Braised Spareribs (Yellow, Moderate)
Lemon Pepper Catfish (Yellow, Low)	BBQ Chicken (Green, High)	Steak Rancho (yellow, Moderate)	Savory baked Chicken (Green, Moderate)	Baked Salmon (Yellow, Moderate)	Italian Broccoli Pasta (Yellow, High)	Salmon, Maple Ginger (Yellow, Moderate)
14	15	16	17	18	19	20
Swedish Meatballs (Ground Turkey) (Yellow, High)	Pork Roast Tenderloin (Green, Low)	Baja Fish Taco (Green, High)	Fish Onion-Lemon Baked (Green, Low)	Baked Salmon (Green, Low)	Turkey and Spinach Meatloaf (Green, Moderate)	Honey Ginger Chicken (Green, Low)
Maple Ginger Glazed Salmon (Yellow, High)	Tuna Noodles (Yellow, High)	Baked Mexican Chicken (Yellow, High)	BBQ Brisket (Yellow, Moderate)	Beef Balls Strognaoff (Green, Moderate)	Savory Baked Chicken QTR	Salisbury Steak (Yellow, Moderate)
Zesty Pork Chop (Green, Moderate)	Savory Baked Chicken (Yellow, Moderate)	Mexican Baked Chicken (Green, High)	Cajun Chicken (Green, Moderate)	Cajun Chicken (Green, Low)	Parmesan Cod (Yellow, Moderate)	Cheese Tortellini (Yellow, Moderate)
21	22	23	24	25	26	27
Chicken Ala King (Green, Moderate)	Beef Pot Pie (Yellow, High)	Pork Roast Tenderloin (Green, Low)	Marinated Tomatoes With Penne And Basil (Green, High)	Hot and Spicy Chicken (Green, Moderate)	Brisket W/BBQ Sauce (Yellow, High)	Baked Salmon (Yellow, High)
Lemon Baked Fish (Yellow, Moderate)	Lemon Baked Fish (Green, Low)	Baja Baked Cod (Green, High)	Southern Fried Catfish (Red, Moderate)	Pasta Toscano (Yellow, High)	Shrimp Scampi (Yellow, High)	BBQ Chicken (Green, High)
Pasta Primavera (Yellow, Moderate)	Herbed Baked Chicken (Green, Low)	Pasta Toscano (Green, Moderate)	Beef Balls Stroganoff (Yellow, High)	Cantonese Spareribs (Red, High)	German Chicken Schnitzel (Yellow, Moderate)	Pasta Primavera (Yellow, Moderate)
28	29	30				
Beef Pot Pie (Yellow, High)	Southwestern Sweet Potatoes Black Beans and Corn (Green, Moderate)	BBQ Beef Cubes (Red, High)				
Lemon Baked Fish (Green, Low)	Beef Stew (Yellow, Moderate)	Southwestern Fish (Green, Low))				
Herbed Baked Chicken (Green, Low)	Chicken, Savory Baked (Yellow, High)	Mexican Baked Chicken (Green, High)				

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